

WEEKLY MENU

15-4 till 19-04

Veggie Monday

Staff planningday

Beef Tuesday

Savoury Beef Meatballs
Savoury Veggie Balls
Mash, Gravy & Green Peas
Fruit Yogurts and Fresh Fruits

Chicken Wednesday

Sticky Teriyaki Chicken Drums
Sticky Veggie Chicken
Green Salad, Potato Salad, Carrot & Pine Salad
Fresh Fruit

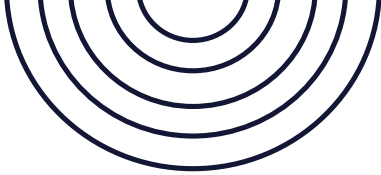
International Thursday

BSA Famous Carbonara with Ham and Bacon
BSA Famous Veggie Carbonara with Cream Cheese
Served with Salad
Fresh Fruit

Laid back Friday

Kibbeling (Battered fish chunks)
Vegan Kibbeling
Rosti Triangles Green Salad
Fruit Yogurts, Fresh Fruit





WEEKLY MENU

Week 22-4 till 26-04

Veggie Monday

Italian Veggie Lasagne
Basil, Herb & Olive Oil Penne
Served with a Fresh Green Salad
Fresh Fruit

Beef Tuesday

Beef Goulash with Onion & Paprika
Veggie Goulash (The Vegetarian Butcher brand)
Served with rice and Green Beans
Fruit Yogurts, Fresh Fruit

Chicken Wednesday

Pineapple Chicken Noodles
Pineapple No Meat Chicken Noodles
Served with Broccoli
Fresh Fruit

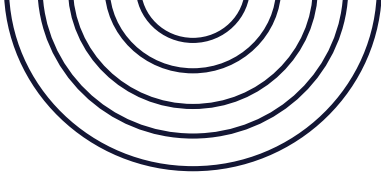
International Thursday

Chicken Bangers with Onion Gravy
Veggie Bangers with Onion Gravy
Mashed Potato, Baby Carrots
Fresh Fruit

Laid back Friday

Baked Fish Fingers
Baked Veggie Fish Fingers
Served with Oven Chips & Green Salad
Fruit Yogurts, Fresh Fruit





WEEKLY MENU

Week 29-4 till 03-05

Veggie Monday

Spinach, Cherry Tomato & Feta Penne
Chive, Herb & Olive Oil Fusilli
Served with Parmesan and a Fresh Green Salad
Fresh Fruit

Beef Tuesday

Taco Tuesday
Veggie Taco Tuesday
Grated Cheese, Crème Fraiche, Guacamole, Salad
Fruit Yogurts and Fresh Fruits

Chicken Wednesday

BBQ Chicken Breast Fillets
BBQ Veggie Chicken
Rice, Broccoli
Fresh Fruit

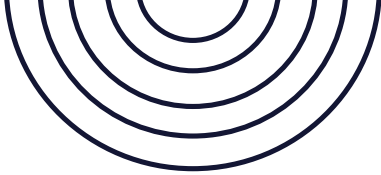
International Thursday

Italian Beef Spaghetti Bolognese
Veggie Spaghetti Bolognese
Served with Salad & Parmesan Cheese
Fresh Fruit

Laid back Friday

Texan Beef Burger
Veggie Burger
Potato Wedges & Green Salad
Fruit Yogurts, Fresh Fruit





WEEKLY MENU

Week 06-05 till 10-05

Veggie Monday

American Corn Mac & Cheese
Basil, Herb & Olive Oil Macaroni
Tomato Cucumber Salad
Fresh Fruit

Beef Tuesday

Beef roulade
Vegan sausage.
with red cabbage and mashed potatoes.
Fruit Yogurts, Fresh Fruit

Chicken Wednesday

Chicken with mango, snow peas and rice
Vegan chicken with mango, snow peas and rice
Green Salad
Fresh Fruit

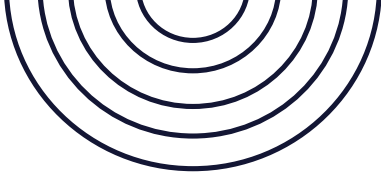
International Thursday

Spanish paella chicken
Vega paella
Served with Salad
Fresh Fruit

Laid back Friday

Shoarma with pita
Vega shoarma with pita and
Turkish bulgur salad.
Fruit Yogurts, Fresh Fruit





WEEKLY MENU

Week 13-05 till 17-05

Veggie Monday

Tortellini casserole

Delicious filled tortellini pasta with courgettes and mushrooms in an Italian tomato sauce, baked with cheese in the oven.

Fresh Fruit

Beef Tuesday

Traditional British Cottage Pie

Traditional Veggie Cottage Pie

Served with green peas

Fruit yogurts and fresh fruits

Chicken Wednesday

Tacos with chicken

Crispy tacos with a deliciously spiced filling of (vegan) chicken and bell pepper, served with sour cream and avocado and green salad

Fresh Fruit

International Thursday

Creamy pasta with leek

Tagliatelle with fried leek, mushrooms, bacon, and Parmesan cheese. A delicious and quick pasta dish that you'll love.

Fresh Fruit

Laid back Friday

Fish burger

Vega fish burger

with potato wedges and mixed vegetables

Fruit Yogurts, Fresh Fruit



WEEKLY MENU

Week 20-05 till 25-05

Veggie Monday

Pentecostal 2

Beef Tuesday

Casserole with broccoli with minced meat
Casserole with broccoli with vegan minced meat
and sliced potatoes and broccoli
Fruit Yogurts and Fresh Fruits

Chicken Wednesday

BBQ Chicken Breast Fillets
BBQ Veggie Chicken
Rice, Broccoli
Fresh Fruit

International Thursday

Beef lasagne
veggie lasagne
Green salad
Fresh Fruit

Laid back Friday

Chicken burger
Veggie Burger
Potato Wedges & tomato cucumber salad
Fruit Yogurts, Fresh Fruit

